

MAKE UP CLASSES:

If a class is missed for any reason, the student is entitled to a make-up lesson in a similar class. All classes must be made up within two weeks of the time missed. Please call the front desk to schedule your makeup class. There are no refunds for missed classes.

PAYMENTS:

Payments are on a monthly basis. There are no refunds for missed classes, however, we do allow you to make up the class. Our billing is based on a 9 month session, so tuition is the same whether it is a 3, 4, or 5 week month. All holidays are included in the schedule breakdown.

Even though we bill on a monthly basis, we will hold a place in a class for your child on an ongoing basis throughout the session. Therefore, if you do not notify us that your child is dropping out of a class at least 30 days prior to the month beginning, you will be billed for that month's tuition. If you have paid the last month's tuition up front, you must give a full month's notice prior to dropping in order to apply the payment accordingly. **NO REFUNDS** will be given.

Carolina Gymnastics reserves the right to cancel a class due to lack of participants.

REGISTRATION:

AT THE TIME OF REGISTRATION, WE REQUIRE PAYMENT OF THE FIRST AND LAST MONTHS' TUITION AS WELL AS THE ENROLLMENT FEE.

IF YOU SIGN UP FOR AUTOMATIC DRAFT, YOU DO NOT NEED TO PAY THE LAST MONTH'S TUITION UP FRONT AND YOU WILL ALSO RECEIVE A \$5 MONTHLY DISCOUNT.

VACATIONS:

Labor Day	September 7th
Thanksgiving	November 24th—29th
Christmas	December 19th—January 3rd
Spring Break	April 3rd—11th

All Holidays are included in the schedule breakdown. There are no make up classes given for the above dates.

You can mail in the registration form with payment or stop by our office during the following hours to register for our 2009-2010 Classes.

OFFICE HOURS

MONDAY-THURSDAY
9:00AM TO 8:00PM

FRIDAY
4:00PM TO 7:00PM

CAROLINA GYMNASTICS
437 Rabon Road
Columbia, SC 29223

Visit our website for information, announcements and exciting updates. www.carolinagymnastics.com

"BUILDING STRENGTH, CHARACTER AND CONFIDENCE SINCE 1976!"

**WE'VE BEEN
BUILDING
STRENGTH,
CHARACTER &
CONFIDENCE**

**SINCE
1976**



**CAROLINA
GYMNASTICS**
788-2808

**2009-2010
CLASS SCHEDULE**
AUGUST 24- MAY 28

WWW.CAROLINAGYMNASTICS.COM



PRESCHOOL CLASSES

LITTLE DIPPERS - WALKING TO 3 YRS OLD

While learning basic gymnastics skills, your child will develop basic coordination, socialization and gross motor skills. Parents required to participate in the fun. \$45/MONTH

MON	TUES	WED	THUR
6:30-7:15			10:00-10:45

COMETS - 3 YRS OLD

This class will challenge your child's growing body with basic movements and gymnastics skills. Fun equipment, music and various props make for an action packed class. Child must be potty trained. \$55/MONTH

MON	TUES	WED	THUR
4:45-5:30	4:00-4:45 5:45-6:30	10:15-11:00 4:45-5:30 6:15-7:00	11:00-11:45 1:00-1:45 4:45-5:30

RISING STARS - 4 & 5 YR OLDS

In this fun filled class, children will be introduced to basic gymnastics skills to enhance their coordination, balance and confidence. \$55/MONTH

MON	TUES	WED	THUR
4:00-4:45 5:45-6:30	4:45-5:30	11:00-11:45 4:00-4:45 5:30-6:15	12:15-1:00 4:00-4:45

SHOOTING STARS - ADVANCED PRESCHOOL

This program is designed to provide additional challenges to our preschool gymnast. More focus is placed on strength, flexibility and balance while perfecting the technique of basic gymnastics skills. \$60/MONTH

MON	TUES	WED	THUR
	6:30-7:30	7:00-8:00	5:45-6:45

INVITATIONAL CLASSES

HOT SHOTS- \$95/MO 2 days a week

	5:00-6:30		5:00-6:30
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BOYS HOT SHOTS- \$60/MO

		6:30-7:30	
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GIRLS EDUCATIONAL CLASSES

BEGINNER GIRLS CLASSES -

Our Beginner classes are based on Level 1 USAG skills. These skills are the foundation and backbone for the sport of gymnastics. Gymnasts will learn in a positive, upbeat atmosphere.

6 AND 7 YEAR OLDS - \$60/MONTH

MON	TUES	WED	THUR
5:30-6:30 6:00-7:00	5:30-6:30 6:30-7:30	4:00-5:00 5:00-6:00	3:30-4:30 4:30-5:30

8 YEAR OLDS and UP - \$65 MONTH

MON	TUES	WED	THUR
6:30-7:50		5:30-6:50 6:00-7:20	4:00-5:20

INTERMEDIATE GIRLS CLASSES -

Our Intermediate students will be introduced to USAG level II skills while still perfecting the basics in an encouraging environment. \$65/MONTH

6, 7 and 8 YEAR OLDS

MON	TUES	WED	THUR
4:00-5:20		4:00-5:20 5:00-6:20	5:30-6:50

9 YEAR OLDS and UP

MON	TUES	WED	THUR
6:00-7:20	4:00-5:20	6:30-7:50	6:30-7:50

ADVANCED GIRLS CLASS - Introduction to USAG Level III Skills.

ADVANCED - \$65/MO

MON	TUES	WED	THUR
4:30-5:50 5:00-6:20	5:30-6:50		6:30-7:50



INVITATIONAL

PRETEAM -\$95/MO: 2days/week, \$70/MO 1day/wk

MON	TUES	WED	THUR
	6:30-8:00		6:30-8:00



BOYS EDUCATIONAL CLASSES

These classes are an introduction to the different men's apparatus' as well as a continued building block to advance gymnastics skills. \$60/MONTH

MON	TUES	WED	THUR
	4:30-5:30	6:30-7:30	5:30-6:30

TUMBLING CLASSES



These classes assist you with the tumbling aspect of other sports, such as dancing and cheerleading. \$60/MONTH

6 YEAR TO 10 YEAR OLDS

MON	TUES	WED	THUR
	7:00-8:00		5:30-6:30 6:45-7:45

11 YEAR OLD AND UP

6:30-7:30		7:30-8:30	7:00-8:00
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NEW! SATURDAY CLASSES

Pre School (Ages 4-5yr)	Beginning (Ages 6yr and up)	Intermediate/ Advanced
10:00-10:45	11:00-12:00	12:00-1:00

DISCOUNTS (FOR RECREATIONAL CLASSES ONLY)



1. **\$5.00** monthly discount with enrollment in Automatic Draft.
2. **\$5.00** discount for all Wednesday night & Saturday classes
3. **10%** discount for multiple children from the same family attending classes at CGC
4. **50%** discount on the second class for same child taking multiple classes.

Registration fee: \$35.00/child or \$50/family Applies from Aug. 24, 2009 - August 6, 2010

Free Trial Class: A student who has never taken classes can try one class at no charge before registering.